



## Press Release

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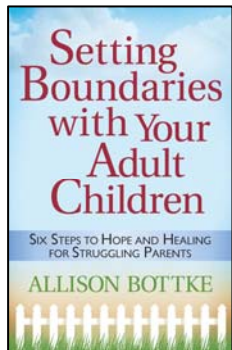
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### **Without Healthy Boundaries, “Boomerang Kids” Harmful**

**Eugene, Oregon—October 24, 2007**—CBS news calls them “Boomerang Kids,” young adults who left the nest to make their way in the world, but who are now moving back home (either physically or emotionally) to mom and dad. It can happen just when a parent thinks they have graduated from parenting.



But what if it's worse than just an inconvenience? What if the returning adult child brings their bad habits, life choices, and a trunk full of extra baggage that threatens the emotional and financial well being of an otherwise loving parent?

In [Setting Boundaries with Your Adult Children](#) (Feb. 2008), author Allison Bottke shares the vital message that we handicap our adult children when we don't allow them to experience the consequences of their actions. This important and compassionate new book from the creator of the successful *God Allows U-Turns* series will help parents and grandparents of the many adult children who continue to make life painful for their loved ones.

Writing from firsthand experience, Allison identifies the lies that kept her, and ultimately her son in bondage—and how she overcame them. Additional real life stories from other parents are woven through the text. A tough-love book to help readers cope with dysfunctional adult children, *Setting Boundaries with Your Adult Children* will empower families by offering hope and healing through S.A.N.I.T.Y.—a six-step program to help parents regain control in their homes and in their lives.

**S** = STOP Enabling, STOP Blaming Yourself, and STOP the Flow of Money

**A** = Assemble a Support Group

**N** = Nip Excuses in the Bud

**I** = Implement Rules/Boundaries

**T** = Trust Your Instincts

**Y** = Yield Everything to a Higher Power

Foreword by Carol Kent (*When I Lay My Isaac Down*)

*\*(The trend is cyclical. Especially during tough economic times, adult children head for home. Census figures show that 56 percent of men and 43 percent of women ages 18 to 24 today live with one or both parents. Some never left, while an estimated 65 percent of recent college graduates have moved back in with their parents. ("Returning to the Nest," **The Baltimore Sun**, February 29, 2004 web page: [www.theeagle.com/business/technology/022904returnnest.htm](http://www.theeagle.com/business/technology/022904returnnest.htm); "Boomerang Kids Keep Coming Home," **CBS Evening News**, January 9, 2004 web page: [www.cbsnews.com/stories/2004/01/08/eveningnews/main/592186.shtml](http://www.cbsnews.com/stories/2004/01/08/eveningnews/main/592186.shtml)) )*

This title is available in galley format for review. Please contact me to discuss excerpt ideas, articles, and author interview possibilities.

**About the Publisher:**

Harvest House is among the top ten Christian publishing companies, publishing more than 160 books each year and carrying a strong backlist offering more than 700 titles. Over 100 million Harvest House books have been sold worldwide through diverse distribution channels, and additional millions have sold in over 35 different languages.

Print quality images to accompany this press release are available in digital format. Available images are: cover art, author photo, Harvest House logo.

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